

## PERSONAL DEVELOPMENT

6 week Programme to help you start your New Year the way you want

**JANUARY 17, 2017** 

**EVERY TUESDAY 11.30AM** 

**DOCTOR MARTIN DAY CARE CENTRE** 



FOR MORE INFORMATION CONTACT: EMMA @ 051393794 OR 863858546

\*FREE FOR ANYONE WITH LESS THAN LEAVING CERTIFICATE STANDARD OF EDUCATION





