



WWETB Community Education

Newsletter Autumn 2023

WWETB Community Education supports Waterford and Wexford community based groups through grant funding and tutor hours. Community education aims to promote and support community work as a means of addressing poverty, social exclusion and inequality and ultimately as a means of achieving social change that will contribute to the creation of a more just, sustainable and equal society.

BALLY BEG GREENS ST. OTTERANS

BallyBeg Greens facilitator Bernadette Kervick. Bernadette works with a variety of groups offering classes in social horticulture. Social horticulture works from a holistic approach towards gardening engaging the 'biophile' (someone who feels a strong emotional connection to the natural world) in her learners. The programmes encourage and teach biodiversity in the garden and to use environmentally friendly resources to combat little creatures that love to munch on the growing vegetables and flowers. Gardens and planting make sure the 3 B's are encouraged constantly to visit the gardens, for where would we be without our Bee's Butterflies and Birds. When I last visited St. Otterans garden at Orhans Lodge I was taking through the big plans for the garden by the group. To visit again and see what they have created has been totally amazing. To see all their hard work come to fruition is amazing. The group have created a really wonderful outside space where they can relax and sit in a blaze of colour and variety of herbs and plants with amazing smells and textures. I can't wait to see what awaits me on my next visit as the work is far from over in the garden and even though they have achieved so much there still have very big plans for their wonderful space.



VITA HUB COMMUNITY GROUP

Vita Community Hub have been very busy over the summer. They participated in Community Education programmes funded through REACH. The group participated in Educatering with facilitator Pat Schail and the Community Music Group with facilitator Ronald Barrios. The Educatering programme is a fabulous learning experience where the facilitator sits down with the group and they set out what they would like to cook over the programme. Every week they discover the joy of cooking their favourite dishes. Outside of the class the learners must make the dish that they have learned in class at home and send in a picture. At the end of the programme the learners receive certificates from Educatering in recognition of their achievements. The programme is designed to promote independence in the learners and be a steppingstone towards independent living.



The Vita Hub group made some noise and a lot of it with the Community music group. Every week they would join Ronald in a drumming circle where they would build on their fine motor and rhythm skills on a number of different types of drums using drumsticks or their bare hands. They would get the opportunity to create new and different beats slowly building up a sweat and a crescendo of beautiful noise.





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TALLOW MEN'S SHED

Tallow Men's Shed are going from strength to strength in West Waterford. A very busy summer has seen them extend their premises and this has allowed more men to work alongside each other. The members are busy preparing items for sale at the Christmas Market locally. They are fundraising money to purchase a greenhouse and establish a garden on site, with raised beds ensuring that the garden will be accessible to all members of the Men's Shed.

The men of the Tallow Shed have many talents, including a Beekeeper, chef, retired woodwork teacher and many other craftsmen, who are all more than happy to share their knowledge and extend friendship to prospective men shedders in their community. They recently held a BBQ to celebrate their move into the larger space and to welcome new members.

The shed is supported by Tracey Wilkinson, Adult Educator based in Dungarvan and West Waterford. Having just completed a Manual Handling course, the men are working with Tracey to develop another Community Education programme to suits their needs.

Onwards and upwards lads!



KILMATHOMAS WOMEN'S GROUP

Prize winners in prestigious WLR/Haleon Community Awards

In recognition of the immense contribution community groups and clubs make to local communities in Waterford, WLR FM in association with Haleon Dungarvan, asked listeners to nominate the local group or club that makes their community a better place. Not surprisingly, Kilmacthomas Women's group were nominated and made the top three finalists winning €250 for their group.

As a finalist the group were invited to WLRfm to showcase their group. Yvonne Murtagh spoke about the origins of the group, starting as an ETB Community Education group and developing to the vibrant Women's Group we see today. Kilmacthomas Women's Group is a community-focused organisation that aims to create a safe and supportive space for women. Their mission revolves around community education and well-being initiatives, fostering a sense of togetherness among women in the area. The group also engages in charitable activities to support various local charities.



The group is supported by Adult Educator Nicola Kelleher and are currently working on a Community Education funded project to promote Kilmacthomas village by creating postcards to showcase the beauty and uniqueness of their community.



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KILTEALY GREEN HUB

Kiltealy Green Hub in Co Wexford have run an amazing range of Horticulture, community woodwork and renewable energy courses during the summer. A hive of activity!

Learning how to build garden and planting furniture, creating wood art and wood turning projects. Through an renewable and sustainable energy awareness course learners where shown how to create a Net Zero future. This has given this rural community an opportunity to exchange ideas and skills and connect with each other. Fantastic work .

Well done everyone!



All of theses courses where funded through the REACH fund
and proudly supported by WWETB Community Education North Wexford.



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SOUTHEND FRC - SAIL TRAINING PROGRAMME REACH 2023

WWETB Community Education South Wexford are proud to support learners from the Southend Family Resource Centre, Wexford town through the REACH Fund. Learners have been very busy all summer learning and training in Sail and Kayak skills training programmes. They have learned everything from sailing theory, assembling their boats, controlling their boats, controlling their sails, follow the leader and staying in line and both the theory and practical elements of sailing backwards. No mean feat I'm sure you'll agree. They also learned about high / low weather pressure, and how the moon affects the tides as well as weather forecast sites and forecast descriptions.

It is fantastic to see the enthusiasm and passion these young people have working with experienced instructors. They have increased in confidence and are advancing their sailing skillset week by week. They have learned how to take instruction, to be always responsible and mindful and their team building skills were also strengthened because of these programmes.

In August, the Southend Adult Sailors commenced the 2nd part of the 'Improving Skills Certification', which is part of the criteria to achieve the Senior Instructor Sailing Certificate.

The long term aim here is for these adults to be able to train the children of the local area in sailing themselves, through continued support from Southend Family Resource Centre and WWETB Reach Funding.

Well done lads, and keep up the amazing work.

