

Preparing for an exam

Preparing for an exam can be stressful. We all want to do as well as we can, and the pressure of learning course information can be overwhelming. The tips below will help you to save time, build confidence and reduce stress. Remember, you don't have to prepare alone. If you need help, contact your Learner Support team.

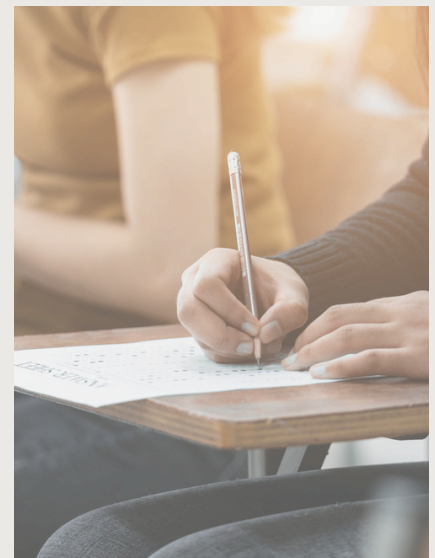
Before the exam

- 1 Make a study plan
- 2 Identify key topics
- 3 Break down study tasks
- 4 Stay focused
- 5 Practice sample questions
- 6 Take lots of breaks



During the exam

- 1 Read the instructions
- 2 Read the whole paper
- 3 Divide time based on marks
- 4 Plan your answers
- 5 Review at the end
- 6 Stay positive



Contact us for more information on Exam Supports



learnersupport@wwetb.ie



wwetb.ie/learnersupport



or  086 0617072 or 087 7212481



Tips for Exam Preparation

Plan your study

- Identify key topics
- Check the marks for each question
- Tackle difficult topics early on
- Break down study tasks



Active Study Tips

- Break down topics into flash cards or short notes
- Use Mind Maps to summarize
- Cover the text and test your memory
- Explain the topic to someone else
- Practice exam questions
- Quiz yourself after you have studied a topic



Try to stay focused

- Get plenty of rest
- Find a quiet study space
- Put your phone out of sight
- Focus on one task at a time
- Set specific goals (e.g. revise 20 flashcards)
- Study for 25 minutes then take a 10 minute break



Know the important information

- Exam date and time
- Venue - building and room number
- Topics coming up
- Number of questions
- Marks per question

